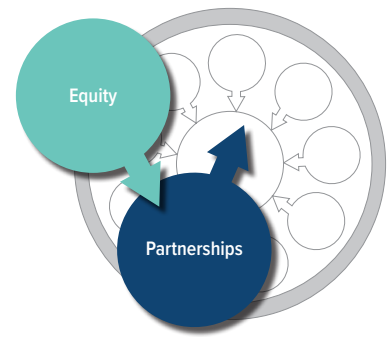


# Healthy Keiki, Healthy Future: Physical Activity and Nutrition in ECE Settings Stakeholder Event



## Hawai'i Healthy Keiki, Healthy Future: Physical Activity and Nutrition in ECE Settings

May 18, 2023

9AM - 4PM

Entrepreneurs Sandbox



### Goals

- Increase awareness of projects and progress made through the Hawai'i's participation in Healthy Kids, Healthy Future Technical Assistance Program
- Bring together in-person a diverse group of cross-sector ECE stakeholders
- Discuss equity approaches and goals to embed physical activity and nutrition best practices into Hawai'i's ECE system and settings

### Purpose

Successfully embedding physical activity and nutrition best practices into Hawai'i's ECE system and setting requires strong cross-sector partnerships as well as careful consideration of factors that impact the viability of this work such as: costs (resource, personnel), stakeholder support, political will, available resources, reach, capacity, timing, and ECE provider/system needs. To continue to advance this work it is important to provide dedicated space for stakeholders to discuss the aforementioned viability factors and ongoing efforts within the context of strengths, opportunities, aspirations, and restraints.

While equity is woven throughout the Spectrum of Opportunities framework, it is important to call out its role.

- The earliest years of children's lives present a tremendous opportunity to set them on a trajectory for lifelong health, well-being, and success. Unfortunately, these opportunities are not equally accessible to all young children in our communities. Systemic disinvestment and historical traumas have resulted in pervasive disparities in outcomes for infants and toddlers by race, family income, disability/ability level, language spoken at home, and immigration status. Achieving the outcomes we want for all young children requires an intentional focus on equity. That means understanding the current conditions in our communities that contribute to disparities among different populations and how these conditions affect young children and their families.

Strong partnerships and shared equity goals can allow stakeholders to come together to look across the ECE programs and services that make up our early childhood system to assess and improve how well they are meeting the needs of children, families, and providers.

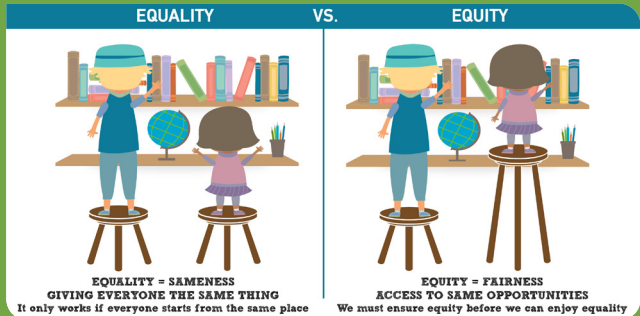
The purpose of this project is to bring together a diverse group of ECE stakeholders to celebrate, learn, and envision together possibilities for the future to continue to equitably support the health and wellness of young children ages birth through five.

### Timeline

- **December 2022 - February 2023:** Secure a venue, develop an invitation list, and hire a facilitator
- **February 2023 - April 2023:** Develop meeting objectives, create an agenda, invite attendees, and finalize logistical details
- **May 2023:** Host event and facilitate discussion on May 18
- **June 2023 - July 2023:** Share back information learned during the event with attendees and encourage continued engagement in this work

### Desired Impacts

- Establish a shared language and understanding of ongoing ECE physical activity and nutrition efforts in Hawai'i
- Receive feedback and reflections on the Hawai'i Healthy Kids, Healthy future projects
- Strengthen relationships that inspire continued or new collaborative opportunities that embed physical activity and nutrition best practices into Hawai'i's ECE systems and settings



"All change begins with shared language."

- Brené Brown

Contact Jordan Smith to learn more.  
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